

Sickle Cell Books from Hilton Publishing

Since first published, more than 75,000 books from the trusted *HOPE and DESTINY* series have been used by patients, caregivers, family, students, and professionals around the globe. Newly revised, the 2019 editions provide the most comprehensive education about sickle cell disease available today. Learn more about these and other SCD resources at www.hiltonpub.com



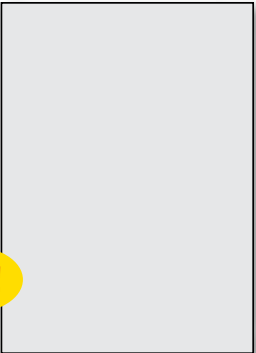
Hope and Destiny: The Adult Patient & Parent’s Guide to Sickle Cell Trait
by Allan Platt, PA-C, MMSc, James Eckman, MD, and Lewis L. Hsu, MD, PhD

Hope & Destiny 5th edition provides clear-cut and in-depth information for the more than 100,000 Americans living with sickle cell disease. Written especially for adult patients and caregivers, the new editions include information on: *Endari or L-glutamine as a preventative for younger children; Gene therapy and Hydroxyurea therapy; Curative bone marrow transplant and advances in sibling transplants and more.*



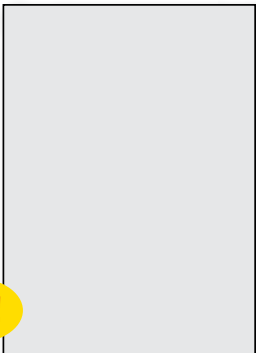
Hope & Destiny Jr.: The Adolescent’s Guide to Sickle Cell Disease
by Lewis L. Hsu, MD, PhD and Silvia R. Brandalise, MD

Hope & Destiny, Jr 2nd edition is written specifically for patients ages 13-18. Featuring illustrations and games to help children learn more easily about their condition, this book modifies the information from the adult edition to provide answers for children in a friendly & easy to follow method.



Hope & Destiny Jr.: The Adolescents Guide to Sickle Cell Disease Learning Guide & Workbook
by Lewis L. Hsu, MD, PhD, Silvia R. Brandalise, MD

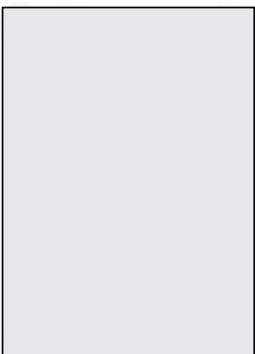
Hope and Destiny Jr. Learning Guide and Workbook is newly revised as a 48-page workbook. Specifically for young SCD patients ages 13-18, the Learning Guide is an interactive companion piece to *Hope and Destiny Jr* and helps children understand their disease by identifying pain, tracking symptoms and side-effects, writing about unique challenges, and talking more easily with doctors and caregivers.



Additional Sickle Cell Disease Resources from Hilton Publishing



Living Well with Sickle Cell, A Handbook for Parents is written in a friendly, understandable method specifically for new parents and contains practical information and resources for daily life with SCD.



Sickle What? breaks down complex medical concepts and terminology into simple, easy to understand language. Focusing on new parents facing a diagnosis of SCD, *Sickle What?* arms families with the knowledge they need to understand and manage this painful disease.



Sickle Cell Superhero is the beautifully illustrated story of a young Sickle Cell Warrior navigating her life with SCD with bravery, humor, and realism. A read aloud book for families and early learners.